

2nd District Regional Health and Safety Seminar 2024

April 3 – 2nd District – Dinosaurs BBQ 246 W. Willow Street, Syracuse, NY 13202 – 2nd Floor
Starts at 8:30am

SPEAKERS/AGENDA

8:30am – 9:00am – Light breakfast/coffee/juices

9am -11am August Matt – Syracuse Fire Department, President of Take the Door – provider of trainings of various fire department areas of concern

Topic: "Machinery Rescue Operations".

Scope of the class will include: Reviewing case histories of incidents in North America, discussing what worked and what didn't. Resources and procedures required to mitigate a Machinery Rescue incident. OSHA standard on lock-out/tag-out, your fire department responsibility and procedures for incidents. Various Machinery Rescue tool kits are shown and discussed for implementation in your own fire department. The methods of Machinery Rescue such as Cutting, Disassembly, Lifting/Spreading, and Reduction are discussed. Medical considerations and needed resources are discussed for the first responder. Machinery Rescue incidents can and will occur in any fire district in New York State, are you prepared?

11:00am – 1:00pm – Anthony Avillo retired as deputy chief of North Hudson (NJ) Regional Fire & Rescue after 30 years in the fire service. As an urban fireground commander, Avillo commanded fire and emergency operations in the most congested cities in the United States. He is the author of *Fireground Strategies*, 3rd ed. (2015), upcoming 4th edition, and coauthor of *Full Contact Leadership* (2017). Avillo is the Region 3 Director of the IFSFI and retired Director of the Monmouth County (NJ) Fire Academy. He is a member of the Fire Engineering / FDIC Editorial Advisory Board and was the recipient of the 2012 IFSFI George D. Post Instructor of the Year Award. He has a B.S. degree in fire science and an M.S. degree in national security studies.

Topic: "Fire Ground Command / Leadership - Excellence from the Firehouse to the Street" This *Full Contact Leadership / Fireground Strategies*-based presentation will seek to challenge both current and prospective fire officers regarding preparation, attitude, philosophical approach, and operational and organizational skill both in the hard environment (on the fireground) and in the soft environment (the areas and time when you are preparing yourself and your subordinates for the fireground). The outcome of the 1% of the time we spend on the fireground is based on the actions, discipline, and leadership we display the other 99% of the time in the soft environment. This course will address Officer and Departmental responsibility as it relates to the Full Contact Leadership mantra: "Allow NOTHING to interfere with your ability to maintain the ready and in-service status of your Command." We will examine foundation-level reasons for emergency ground failures and discuss organization-level controls and mechanisms to address and prevent same. Departmental and company-level expectations will be a focus of this discussion and why departments fail in the hard environment and the relationship this failure has to the soft environment. There will be a major emphasis on the importance of the "nothing showing environment" and its impact on the "something showing environment" with a "What You Permit You Promote" philosophy.

A working lunch will be provided at around noon time at the direction/convenience of the presenter.

1pm – 3pm – Steve Jordan is former Navy SEAL and US Naval Academy graduate from Minnesota. He served 7 years as an officer specializing as a ground force commander for high-risk operations in dynamic environments. Today, he consults businesses on team performance and growth through professional accountability.

Topic: "Health & Wellness for the NYSPFFA" We will discuss the health, wellness, and leadership frameworks used by Navy SEALs and other top performers to give firefighters practical tools to increase their resilience, proactivity, and coordination on the calls they answer. These topics will range from diet, exercise, and sleep routines to group mental health dynamics. The intent for the discussion is to educate and enable firefighters

with methods that solidify their control in the challenging situations they face daily -- at the fire or the firehouse.

There is no cost to attend the seminar. Breakfast & lunch will be provided.

*****This seminar is open to all members of the NYSPPFA. Please share this invitation with all members of your department. Members can attend all or any part of the seminar.*****

PLEASE NOTIFY YOUR DISTRICT HEALTH AND SAFETY REPRESENTATIVE ADAM CLARK AT 315-751-5781 OR EMAIL AT admjclark@gmail.com IF YOU ARE PLANNING ON ATTENDING, WE NEED A HEAD COUNT.

Fraternally,

Dave Holleran
Executive VP/ Health & Safety Chairman
NYSPPFA

Adam Clark
2nd District Health and Safety Representative
Syracuse Local 280